

# The dilemma of dentists

## On the influence of the organs on the teeth

Imagine that you were responsible for a particular area, and that you were assessed on how well you kept this area under control. The result would then depend on your knowledge, your technical ability, your care and diligence. This would only apply however if your area can not be adversely influenced by outside factors which could sabotage your area.



*Fig. 1: The condition of the teeth can provide information on which organs have promoted dental disease.*

This is exactly the dilemma in dental medicine: The dentist is responsible for the health of the jaws and teeth, but has to cope with many influences which are outside his official area of responsibility.

**Quite apart from oral hygiene and the dietary habits of his patients, there is another factor which is increasingly coming into the spotlight in dental medicine.**

For decades now, electro-acupuncture has been practiced on the basis of the concept of the “inner meridians”. It is now assumed that the meridians running on the surface of the skin do not begin at Point 1 and end at the last point of the meridian in question, but that the meridian complete the circuit to the first point of the meridian inside the body.

This also makes logical sense – an energy flow on a straight line would soon find itself at a dead end, while a closed circuit presents no obstacle to the energy flow. Through empirical research in electro-acupuncture, it has now become apparent that a 11 pairs of meridians also run through the teeth. It has also long been known in

general medical practice that suppurating wisdom teeth can cause heart complaints up to the point of heart attacks, and the connection between incisors and the urogenital area has in the meantime also been confirmed empirically. It is therefore hardly surprising that the canine teeth are also known as the “liver teeth”, because it is exactly here where the inner liver-bladder meridian runs.

**The problem is that the dentist, who wants to take care of a particular tooth properly, comes up against his limits if the tooth in question continues to be weakened by an organ disease via the relevant meridian.**

The dentist must be able to be confident that he is not building on sand, and that the self-healing powers of the body can activate healing. In practice however, things are unfortunately quite different. Depending on the organic findings, implants or bridges may then be necessary, because it was not possible to stabilise the teeth, which was basically not a dental medical problem at all, but was influenced “from outside”. The dentist can also do nothing about it if

the teeth which are to support a bridge then give way. If the dentist has to construct a bridge from the canine to the first molar, he must be able to rely on the fact that these two teeth will be able to support the bridge. However well he makes the bridge: if the teeth supporting it are weakened due to organ findings via the corresponding meridians, he is powerless, and can only watch in frustration if his bridge “collapses”.

**Does the tooth put stress on the organ - or vice versa?**

If it is a matter of an acute disease of the teeth, there is always a connection with the corresponding organ via the meridians, and both must then be treated – the tooth and the organ. Or to put it another way: if the organ or healthy and the meridian stable, then there would have been no problem with the tooth, and it would not have become diseased. In the case of acute dental findings therefore, it must be assumed that the tooth is being put under stress by the organ.

**Things become even more complicated in case of chronic findings.**

These must be divided into two phases. In the first phase, the organ places acute stress on the tooth until its disease becomes chronic. If in the second stage the condition of the tooth stabilises at the chronic stage, it can decouple itself from the corresponding organ. And then a dead tooth for example can in turn place stress on the organ, which has recovered in the meantime, via the meridian connection.

Which is placing stress on the other becomes irrelevant however if one considers the complete situation. The teeth cannot be considered separately from the organs, and the different organs cannot be divided into groups, as in the case of specialisation is (dentist, ENT, cardiologist, endocrinologist etc.) – everything is connected together. This is also nothing new – even Goethe complained about the reductionist procedure in the natural sciences:

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*Whoever wants to recognise and describe something living, first seeks to divine its spirit, then he has the parts in his hand, yet still lacks the spiritual band.*

**The dentist can sometimes even discover from the condition of the teeth stresses and illnesses which may not even be indicated to the general practitioner by the screening measures available to him.**

The condition of the teeth of the organic situation of the body; since the teeth are exposed, they provide good starting points even on cursory examination, and if necessary by additional x-ray examination. In fact, it frequently happens that the diseased tooth is the first indicator of symptoms, even before one of the relevant organs also shows symptoms. It always "catches" the weakest link in the chain, and this is often a tooth. And this enables early detection in the best possible sense – without side-effects.

If the consideration of individual teeth provides valuable information, the evaluation of the overall condition of all the teeth brings even further improvement. Because since all meridians are equally represented in each of the four

quadrants, this enables the status to be determined in such a way that it can be checked which meridians in the sum of the four quadrants shown the greatest stress.

One needs only to determine which pairs of meridians are most severely affected by the tooth status, and after even such a routine determination of the tooth findings, this provides an overview and an accurate indication of which organs are most probably weakening the teeth most severely via the meridian connection.

### Two possible solutions

When the possible organs have been identified using the meridian-related examination, which might be placing stress on the teeth from outside the dental medical area of responsibility, the patients can be made aware of the relationship between organic findings and tooth problems, and recommend a check or treatment of the relevant organs.

The second possible solution would be to treat the teeth themselves directly, by strengthening the affected meridians. Although this would be treatment of the teeth, it would also natural-



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ly have beneficial "side-effects" on the relevant organs via the meridians. Since everything is interconnected, the dentist can therefore have an overall effect, without having to leave his own area of responsibility.

The winners with such an approach and procedure would be the patients, who would therefore undergo causal therapy instead of symptom-related repair work, which would continue in future to ensure the health of their teeth – in line with the motto "Dens sano en corpore sano".

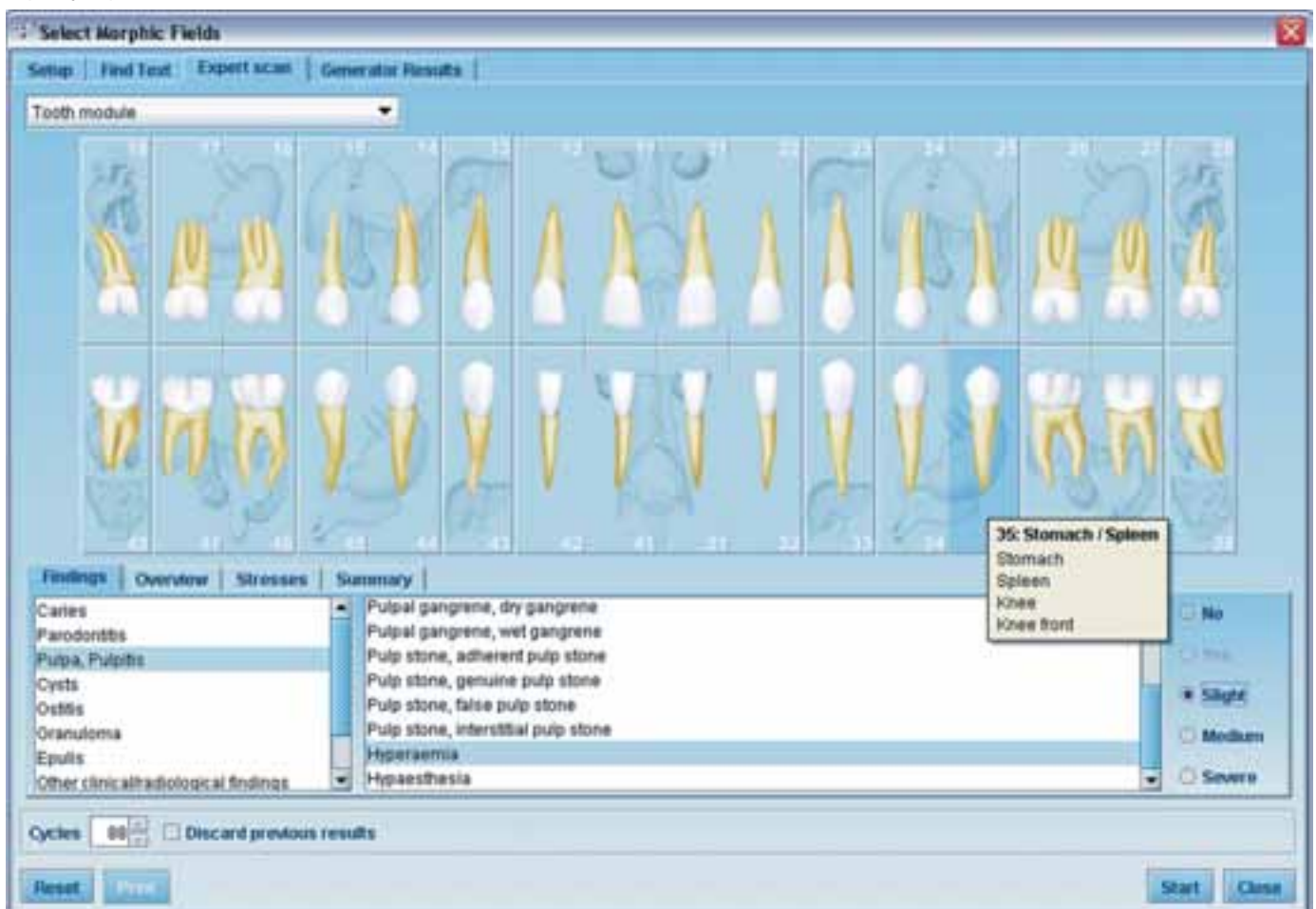


Fig. 2: This assignment of the organs to the individual teeth has been known for decades. This knowledge however has previously been used almost only in electro-acupuncture.